

Independent skills (SEND)

Getting dressed

All actions children do require many steps which, as adults, we don't think about. For some children who have additional needs, these actions require even more effort.



Step 1:

The parent or carer will put the coat on the child and support them to do up the zip.

Step 2:

The parent or carer will support the child to put their arms in the coat.

Step 3:

The parent or carer will hold the coat so that the child can put their arms in independently.

Step 4:

The parent or carer will lay the coat on the floor so that the child can pick it up and put it on.

Step 5:

The child will pick up the coat and put it on independently.